

## **MWHS In-Person Safety Guidelines for Physical Education**

MWHS PE will be following Minnesota Department of Health (MDH) guidelines for Gyms and Fitness Centers, MDH COVID-19 Sports Guidance for Youth and Adults as well as Centers for Disease Control (CDC).

Mound Westonka Physical Education will not be using the locker rooms and students will not have a place to change clothes. We will strongly encourage students to wear appropriate clothing and shoes for being active on the day they have physical education.

Curriculum has been adjusted to account for outdoor, smaller group and distance activities.

Students will wear masks in PE until their level of physical exertion makes it difficult to maintain mask usage.

Upon arriving to physical education class, students will place their backpacks in a physically distanced location in the locker room hallway.

Students will be assigned in physically distanced seating in the gym upon arrival and before dismissal to help maintain MDH physical distancing guidelines.

Between classes, MWHS PE staff will clean/disinfect equipment used per MDH and CDC guidelines.