

# Peanut Butter Cheerio Bars



*Peanut Butter Cheerio Bars are my go-to, quick and easy after school snack. This cereal bar recipe is no-bake and only requires three ingredients.*

<b>Course</b>	Dessert
<b>Cuisine</b>	American
<b>Keyword</b>	cereal bars
<b>Prep Time</b>	10 minutes
<b>Cook Time</b>	5 minutes
<b>Total Time</b>	15 minutes
<b>Servings</b>	24
<b>Calories</b>	62kcal
<b>Author</b>	<a href="#">Emily Grace</a>

## Ingredients

- 3 cups Cheerios cereal
- 1/2 cup peanut butter
- 1/2 cup honey

## Instructions

1. Line an 8x8in pan with parchment paper.
2. Combine peanut butter and honey in a large saucepan and set over medium heat.
3. Heat until mixture just starts to simmer, about 2-3 minutes, stirring.
4. Remove from heat and stir until mixture is smooth.
5. Stir in cereal until evenly coated.
6. Pour mixture into prepared pan and spread evenly.
7. Chill in the refrigerator for 1 hour.
8. Cut into bars.

## Nutrition

Calories: 62kcal | Carbohydrates: 8g | Protein: 1g | Fat: 2g | Sodium: 40mg | Potassium: 55mg | Sugar: 6g | Vitamin A: 85IU | Vitamin C: 0.6mg | Calcium: 13mg | Iron: 1mg

Peanut Butter Cheerio Bars <https://www.graceandgoodeats.com/3-ingredient-peanut-butter-cereal-bars/>