

Westonka Public Schools

HT, SH & Our Lady of the Lake Lunch

One school lunch is free for all students and must include a fruit or vegetable selection. It may include:

1 entrée

1 milk

All you care to eat fruits and vegetables

Monday	Tuesday	Wednesday	Thursday	Friday
09/04/2023 No School	09/05/2023 Chicken Nuggets with a Garlic Breadstick Hillshire Farm Ham & Cheese Wrap Diced Pears Broccoli Milk - Variety	09/06/2023 Teriyaki Chicken w/ Rice Sunchips & Smoothie & Cheese Apple Slices Baby Carrots Milk - Variety	09/07/2023 Chicken Patty on a Bun Yogurt with WG Birthday Cake Bar Diced Pineapple Garden Salad Milk - Variety	09/08/2023 Macaroni & Cheese w/ Garlic Toast Jenni-O Turkey & Cheese Sandwich Strawberries Fresh Broccoli Milk - Variety
09/11/2023 Mini Corn Dogs w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Shelled Edamame Milk - Variety	09/12/2023 Orange Chicken w/ Rice Hillshire Farm Ham & Cheese Wrap Garden Salad Fruit Cocktail Milk - Variety	09/13/2023 Mini Waffles & Sausage Patties Sunchips & Smoothie & Cheese Baby Carrots Diced Pears Milk - Variety	09/14/2023 Walking Taco Yogurt with WG Birthday Cake Bar Diced Peaches Fresh Broccoli Milk - Variety	09/15/2023 Chicken Tenders with a Garlic Breadstick Jenni-O Turkey & Cheese Sandwich Corn Diced Pineapple Milk - Variety
09/18/2023 French Toast Sticks & Chicken Tenders Cereal Bowl, Crackers and Cheese Stick Strawberries Baby Carrots Milk - Variety	09/19/2023 Italian Dunker w/ Marinara Sauce Hillshire Farm Ham & Cheese Wrap Garden Salad Diced Peaches Milk - Variety	09/20/2023 Chicken Alfredo w/ Breadstick Sunchips & Smoothie & Cheese Baby Carrots Diced Pears Milk - Variety	09/21/2023 Popcorn Chicken w/ Dinner Roll Yogurt with WG Birthday Cake Bar Mandarin Oranges Fresh Broccoli Milk - Variety	09/22/2023 Cheese or Pepperoni Pizza Jenni-O Turkey & Cheese Sandwich Mashed Potatoes & Gravy Apple Slices Milk - Variety
09/25/2023 Hamburger (or cheese) w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Shelled Edamame Milk - Variety	09/26/2024 Nachos Hillshire Farm Ham & Cheese Wrap Broccoli Pineapple Milk - Variety	09/27/2023 Pasta w/ Marinara Meat Sauce & Bread Sunchips & Smoothie & Cheese Baby Carrots Diced Pears Milk - Variety	09/28/2023 Pizza Sticks w/ Marinara Sauce Yogurt with WG Birthday Cake Bar Strawberries Garden Salad Milk - Variety	09/29/2023 Grilled Cheese Sandwich Jenni-O Turkey & Cheese Sandwich Apple Slices Baby Carrots Milk - Variety

Westonka is an equal opportunity institution

For questions or concerns, please email metzgerl@westonka.k12.mn.us or call 952-491-8084