

Westonka Public Schools

GMS Lunch

One school lunch is free for all students and must include a fruit or vegetable selection. It may include:

1 entrée

1 milk

All you care to eat fruits and vegetables

Additional entrees available daily: hamburger, chicken patty sandwich, peanut butter and jelly uncrustable, and nut free spread and jelly sandwich.

Monday	Tuesday	Wednesday	Thursday	Friday
09/04/2023 No School	09/05/2023 Chicken Nuggets with a Garlic Breadstick Hillshire Farm Ham & Cheese Wrap Diced Pears Broccoli Milk - Variety	09/06/2023 Teriyaki Chicken w/ Rice Sunchips & Smoothie & Cheese Apple Slices Baby Carrots Milk - Variety	09/07/2023 Chicken Patty on a Bun Yogurt with WG Birthday Cake Bar Diced Pineapple Garden Salad Milk - Variety	09/08/2023 Macaroni & Cheese w/ Garlic Toast Jenni-O Turkey & Cheese Sandwich Strawberries Fresh Broccoli Milk - Variety
09/11/2023 Mini Corn Dogs w/ Chips Cereal Bowl, Crackers and Cheese Stick Apple Slices Shelled Edamame Milk - Variety	09/12/2023 Orange Chicken w/ Rice Hillshire Farm Ham & Cheese Wrap Garden Salad Fruit Cocktail Milk - Variety	09/13/2023 Mini Waffles & Sausage Patties Sunchips & Smoothie & Cheese Baby Carrots Diced Pears Milk - Variety	09/14/2023 Walking Taco Yogurt with WG Birthday Cake Bar Diced Peaches Fresh Broccoli Milk - Variety	09/15/2023 Chicken Tenders with a Garlic Breadstick Jenni-O Turkey & Cheese Sandwich Corn Diced Pineapple Milk - Variety
09/18/2023 French Toast Sticks & Chicken Tenders Cereal Bowl, Crackers and Cheese Stick Strawberries Baby Carrots Milk - Variety	09/19/2023 Italian Dunker w/ Marinara Sauce Hillshire Farm Ham & Cheese Wrap Garden Salad Diced Peaches Milk - Variety	09/20/2023 Chicken Alfredo w/ Breadstick Sunchips & Smoothie & Cheese Baby Carrots Diced Pears Milk - Variety	09/21/2023 Popcorn Chicken w/ Dinner Roll Yogurt with WG Birthday Cake Bar Mandarin Oranges Fresh Broccoli Milk - Variety	09/22/2023 Cheese or Pepperoni Pizza Jenni-O Turkey & Cheese Sandwich Mashed Potatoes & Gravy Apple Slices Milk - Variety

Monday	Tuesday	Wednesday	Thursday	Friday
<p>09/25/2023</p> <p>Hamburger (or cheese) w/ Chips</p> <p>Cereal Bowl, Crackers and Cheese Stick</p> <p>Apple Slices</p> <p>Shelled Edamame</p> <p>Milk - Variety</p>	<p>09/26/2024</p> <p>Nachos</p> <p>Hillshire Farm Ham & Cheese Wrap</p> <p>Broccoli</p> <p>Pineapple</p> <p>Milk - Variety</p>	<p>09/27/2023</p> <p>Pasta w/ Marinara Meat Sauce & Bread</p> <p>Sunchips & Smoothie & Cheese</p> <p>Baby Carrots</p> <p>Diced Pears</p> <p>Milk - Variety</p>	<p>09/28/2023</p> <p>Pizza Sticks w/ Marinara Sauce</p> <p>Yogurt with WG Birthday Cake Bar</p> <p>Strawberries</p> <p>Garden Salad</p> <p>Milk - Variety</p>	<p>09/29/2023</p> <p>Grilled Cheese Sandwich</p> <p>Jenni-O Turkey & Cheese Sandwich</p> <p>Apple Slices</p> <p>Baby Carrots</p> <p>Milk - Variety</p>

Westonka is an equal opportunity institution

For questions or concerns, please email metzgerl@westonka.k12.mn.us or call 952-491-8084