

# SEP2023 GMS, HT, SH, OLL BREAKFAST

One school breakfast is free for all students.

Breakfast includes:

1 entrée

1 cup of fruit/juice

1 milk

MON	TUE	WED	THU	FRI
<b>04</b> No School	<b>05</b> Cherry Fruit WG Strudel ½ cup juice ½ cup fruit	<b>06</b> WG Muffin & Mozz String Cheese ½ cup juice ½ cup fruit	<b>07</b> Yogurt Cup & WG Cereal Bowl ½ cup juice ½ cup fruit	<b>08</b> WG Banana Bread ½ cup juice ½ cup fruit
<b>11</b> WG Bagel w/ Strawberry Cream Cheese ½ cup juice ½ cup fruit	<b>12</b> Cherry Fruit WG Strudel ½ cup juice ½ cup fruit	<b>13</b> WG Muffin & Mozz String Cheese ½ cup juice ½ cup fruit	<b>14</b> Yogurt Cup & WG Cereal Bowl ½ cup juice ½ cup fruit	<b>15</b> WG Banana Bread ½ cup juice ½ cup fruit
<b>18</b> WG Bagel w/ Strawberry Cream Cheese ½ cup juice ½ cup fruit	<b>19</b> Cherry Fruit WG Strudel ½ cup juice ½ cup fruit	<b>20</b> WG Muffin & Mozz String Cheese ½ cup juice ½ cup fruit	<b>21</b> Yogurt Cup & WG Cereal Bowl ½ cup juice ½ cup fruit	<b>22</b> WG Banana Bread ½ cup juice ½ cup fruit
<b>25</b> WG Bagel w/ Strawberry Cream Cheese ½ cup juice ½ cup fruit	<b>26</b> Cherry Fruit WG Strudel ½ cup juice ½ cup fruit	<b>27</b> WG Muffin & Mozz String Cheese ½ cup juice ½ cup fruit	<b>28</b> Yogurt Cup & WG Cereal Bowl ½ cup juice ½ cup fruit	<b>29</b> WG Banana Bread ½ cup juice ½ cup fruit