

November MWHS Lunch				
Monday	Tuesday	Wednesday	Thursday	Friday
28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
Build Your Own Burger Line	Chicken Tenders w/ a Garlic Bread	Orange Chicken w/ Rice	Quesadilla w/ Toppings	Build Your Own Burger Line
Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety
Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety
Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
No School	Chicken Tenders Wrap	Teriyaki Beef w/ Rice	Walking Taco	Cheese Tortellini w/ Red or White Sauce
	Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety
	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety
	Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
French Toast Sticks & Chicken Tenders	Soft Shell Tacos	Chicken Alfredo w/ Breadstick	Popcorn Chicken w/ Dinner Roll	Pizza
Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety
Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety
Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
Chicken Wild Rice Soup w/ Bread	Build Your Own Burrito Bowl	Pasta w/ Marinara Meat Sauce & Bread	Nachos	Build Your Own Waffle Bar w/ bacon
Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety	Fruit – Variety
Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety	Vegetable - Variety
Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety	Milk - Variety
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
Build Your Own Burger Line	Chicken Tenders w/ a Garlic Bread	Orange Chicken w/ Rice	No Lunch	No Lunch
Fruit – Variety	Fruit – Variety	Fruit – Variety		
Vegetable - Variety	Vegetable - Variety	Vegetable - Variety		
Milk - Variety	Milk - Variety	Milk - Variety		