

# January - Update

## 2021

### Westonka Foodies Distance Learning Menu

## Menu Details

Westonka menus follow the USDA Child Nutrition program and student preferences. We serve quality meats with little or no trans fats and minimal amount of added sugar or salt. Many of our breads and grains are at least 50% whole grain.

### Free Meals For All Students!

Due to additional federal funding, all school meals are being served free of charge until the end of the school year. Meal pick-up will remain daily at MWHS from 2:00-3:45pm Monday-Thursday and 10:00am-12:00pm on Fridays, please check [www.westonkafoodies.com](http://www.westonkafoodies.com) and the district Facebook for more info.

Menu is subject to change without notice.

Masks are required for meal pick ups

No registration or ID is required.

Stay well Westonka!

Weekly 2 <sup>nd</sup> Options	Monday	Tuesday	Wednesday	Thursday	Friday
Revised January 20-21 Menu Post 1/20/21					<sup>1</sup> No School/No Pick up or Deliveries
WowButter & Jelly Sandwich	<sup>4</sup> Chicken Tenders w/ Breadstick	<sup>5</sup> Bosco Cheese Breadsticks w/ Sauce	<sup>6</sup> Orange Chicken w/ Rice	<sup>7</sup> Pizza	<sup>8</sup> Friday menus are only for students attending in-house school. Penne w/ Meat
WowButter & Jelly Sandwich	<sup>11</sup> Beef Burrito	<sup>12</sup> Breaded Chicken Sandwich	<sup>13</sup> Hamburger (Cheese) w/ Chips	<sup>14</sup> Italian Dunker Cheese Bread w/ Sauce	<sup>15</sup> Friday menus are only for students attending in-house school. Mac & Cheese w/ Breadstick
WowButter & Jelly Sandwich	<sup>18</sup> No School/No Pick up or Deliveries	<sup>19</sup> No School/No Pick up or Deliveries	<sup>20</sup> Mozzarella Pizza Sticks w/ Sauce	<sup>21</sup> Teriyaki Chicken Dippers w/ Rice	<sup>22</sup> Chicken Patty on a Bun
Fruit and Yogurt Parfait	<sup>25</sup> Walking Tacos	<sup>26</sup> Mini Corn Dogs w/ Chips	<sup>27</sup> Pepperoni Calzone	<sup>28</sup> Popcorn Chicken w/ Garlic Breadstick	<sup>29</sup> Hamburger w/ Chips

USDA is an equal opportunity provider.