



Westonka Public Schools

Westonka Foodies

5905 Sunnyfield Road East (MWHS)
 Minnetrista, MN 55364
 952.491.8088/491.8084

Form: 1082
 Student with Lactose
 Intolerance

Dear Parent,

State law (Minnesota Statutes 124D.114) requires a Sponsoring Authority of school meal programs to provide an alternative for a student with lactose intolerance if the parent has requested an alternative in writing. The current approved substitute that Food & Nutrition Services provides is **Mulu Lactose-Free Skim Milk**. For more information on Lactaid visit www.lactaid.com.

Please complete the form below if you need to request lactose-reduced milk for your child and forward to my attention. If you have any questions, please contact me at 952-491-8084.

Respectfully,

Laura Metzger, RD
 Director of Food & Nutrition Services
 Westonka Public Schools, #277
metzgerl@westonka.k12.mn.us

Nutrition Facts	
24,000 servings per case	
Serving size 8flz, 240ml, 1c	
Amount per serving	
Calories	80.0
	% Daily Value*
Total Fat 0.0g	0%
Saturated Fat 0.0g	0%
Trans Fat 0.0g	0%
Cholesterol 6.0mg	2%
Sodium 105.0mg	4%
Total Carbohydrates 12.0g	4%
Dietary Fiber 0.0g	0%
Total Sugars 12.0g	
Includes 0.0g Added Sugars	0%
Potassium 380.0mg	11%
Protein 8.0g	16%
Vitamin A 750.0 IU	15%
Vitamin D 40.0 IU	10%
Calcium 300.0mg	30%
Iron 0.0mg	0%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Parent/Guardian Request for Lactose Free Milk

Name of Student:	Grade:	Homeroom Teacher:
Name of Parent/Guardian:		
Daytime Telephone Number:	Evening Telephone Number:	
Westonka Public Schools, ISD 277	School attended by student (circle one)	
	MWHS GMS HT HT-ELC SH OLL	
Parent/Guardian Signature:	Date:	

Westonka Foodies Office Use <input type="checkbox"/> NetPOS Update <input type="checkbox"/> ALG/INT File <input type="checkbox"/> Site Distribution <input type="checkbox"/> GradYear: _____	Date Received:
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